

**CROSSFIT**  
SANITAS

# BEST CROSSFIT GYM IN BOULDER

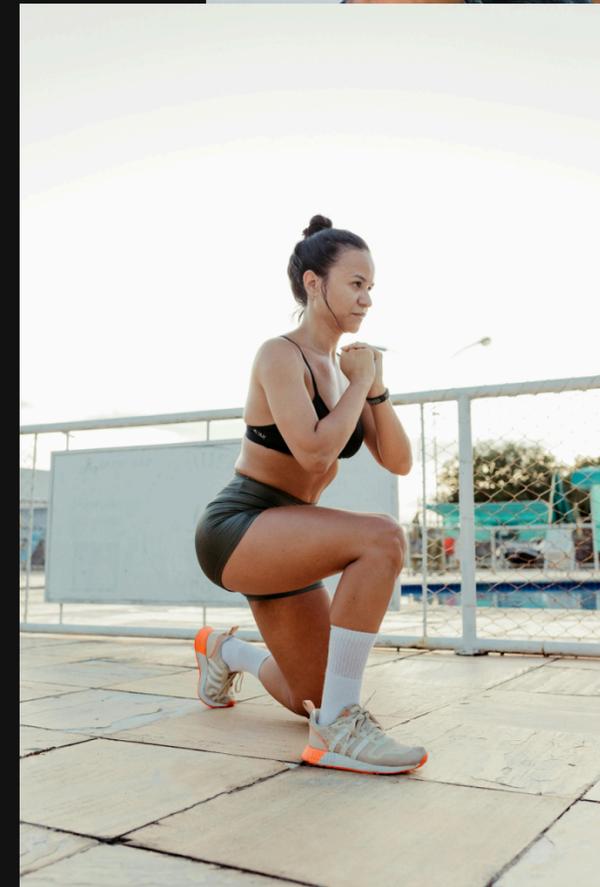


[WWW.CROSSFITSANITAS.COM](http://WWW.CROSSFITSANITAS.COM)



# INTRODUCTION

CrossFit Sanitas is more than a gym — it's a full-service wellness destination guided by Boulder's top fitness professionals. Whether your goal is peak performance, long-term health, or better movement, our expert coaches are here to support you every step of the way.



# WHAT WE OFFERS

**Supportive, Welcoming, and Empowering Community**

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**Specialty Classes: Women's Strength, Yoga & Olympic Lifting**

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**Functional Strength & Endurance Training Classes**

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**Full Locker Rooms & Showers**

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**Top-Tier Equipment (Rowers, Ski Ergs, Turf)**

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**InBody Composition Testing**

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**Infrared Sauna and Cold Plunge**

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**Massage & Physical Therapy (extra fee)**

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## 50+ COACHED CLASSES WEEKLY

Experience a variety of classes including CrossFit, functional strength, endurance, yoga, and more — all offered with a flexible schedule that works for you.

**Book Now!**



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## EXPERT COACHES WHO CARE

Get personalized coaching and support in every class, every time.

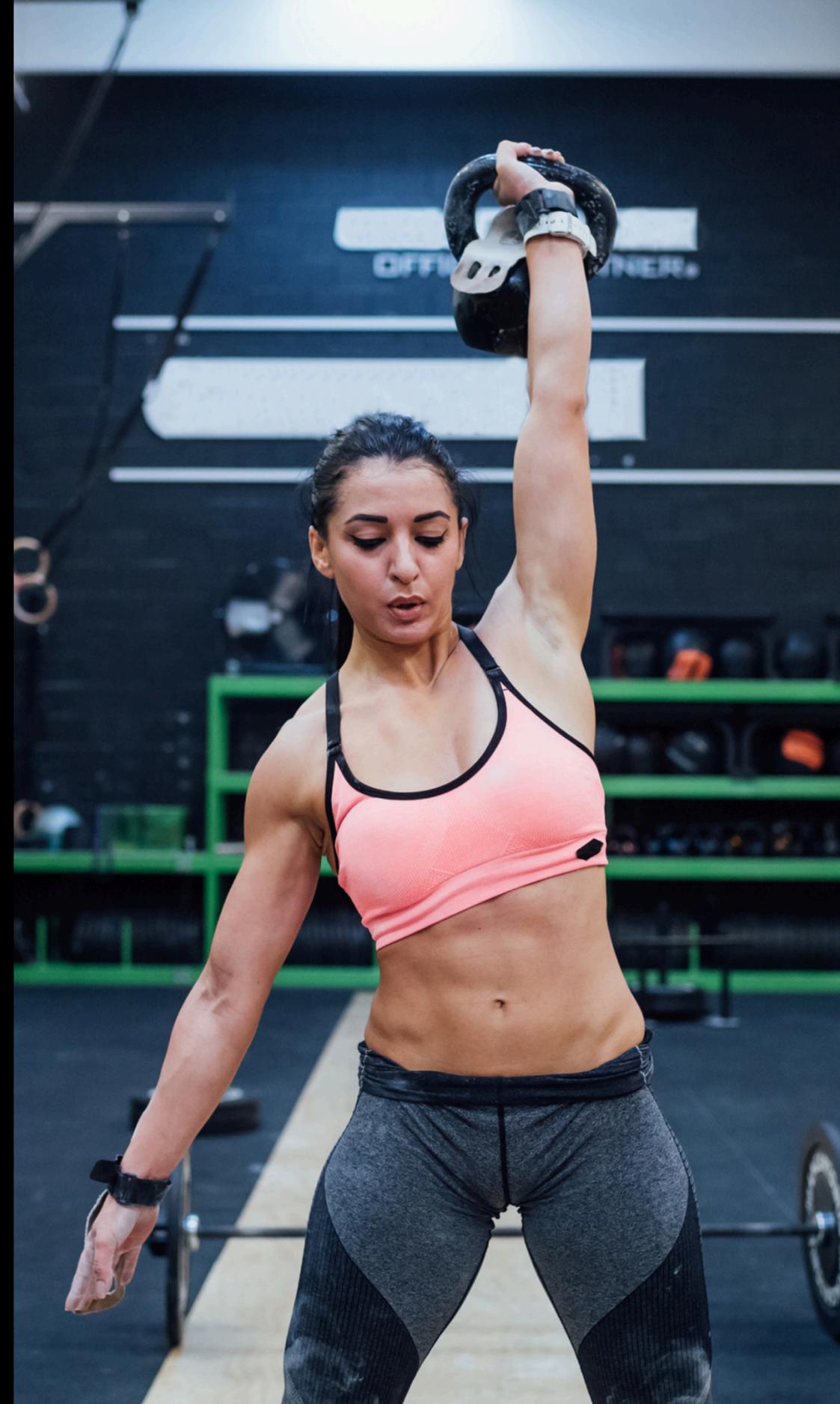
**Book Now!**



## CONVENIENT BOULDER LOCATION

Make fitness effortless—train close to where you live, work, and run errands, so every minute counts.

**Book Now!**





## WORLD-CLASS PROGRAMMING

Designed by our Head Coach, who also leads PRVN's affiliate program used by over 600 gyms.

**Book Now!**



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## REAL COMMUNITY SUPPORT

Connect with a community that celebrates your wins and keeps you accountable.

**Book Now!**



# CONTACT US

[WWW.CROSSFITSANITAS.COM](http://WWW.CROSSFITSANITAS.COM)

[INFO@CROSSFITSANITAS.COM](mailto:INFO@CROSSFITSANITAS.COM)

2525 ARAPAHOE AVE, BOULDER, CO